

## **Adult Congenital Heart Disease** Blueprint

Maintenance of Certification (MOC)

### Purpose of the exam

The exam is designed to evaluate the knowledge, diagnostic reasoning, and clinical judgment skills expected of the certified adult congenital heart disease (ACHD) specialist in the broad domain of the discipline. The ability to make appropriate diagnostic and management decisions that have important consequences for patients will be assessed. The exam may require recognition of common as well as rare clinical problems for which patients may consult an ACHD specialist.

### **Exam content**

Exam content is determined by a pre-established blueprint, or table of specifications. The blueprint is developed by ABIM and is reviewed annually and updated as needed for currency. Trainees, training program directors, and practitioners in the discipline are surveyed periodically to provide feedback and inform the blueprinting process.

The primary medical content categories of the blueprint are shown below, with the percentage assigned to each for a typical exam:

| Medical Content Category   | % of Exam |
|--|-----------|
| Embryology and Anatomy   | 4%        |
| Clinical Evaluation  | 10%       |
| Noninvasive Diagnostic Testing Indications and Interpretation        | 20%       |
| Diagnostic and Interventional Cardiac Catheterization                | 7%        |
| Arrhythmias  | 15%       |
| Congenital Cardiac Surgery   | 12%       |
| Heart Failure and Pulmonary Hypertension                             | 10%       |
| Reproductive Health  | 5%        |
| Acquired Cardiovascular Disease and Common<br>Adult Medical Problems | 5%        |
| Extracardiac Manifestations of Congenital Heart Disease              | 7%        |
| Life and Health Management   | 5%        |
|  | 100%      |

ABIM is committed to working toward health equity and believes that board-certified physicians should have an understanding of health care disparities. Therefore, health equity content that is clinically important to each discipline will be included in assessments, and the use of gender, race, and ethnicity identifiers will be re-evaluated.

### **Exam format**

The exam is composed of up to 240 single-best-answer multiple-choice questions, of which approximately 40 are new questions that do not count in the examinee's score. Most questions describe patient scenarios and ask about the work done (that is, tasks performed) by physicians in the course of practice:

- Making a diagnosis
- Ordering and interpreting results of tests
- Recommending treatment or other patient care
- Assessing risk, determining prognosis, and applying principles from epidemiologic studies
- Understanding the underlying pathophysiology of disease and basic science knowledge applicable to patient care

Clinical information presented may include patient photographs, radiographs, electrocardiograms, recordings of heart or lung sounds, and other media to illustrate relevant patient findings. <u>Learn more information on how exams are developed.</u>

A tutorial including examples of ABIM exam question format can be found at <a href="https://www.abim.org/maintenance-of-certification/assessment-information/adult-congenital-heart-disease/exam-tutorial">https://www.abim.org/maintenance-of-certification/assessment-information/adult-congenital-heart-disease/exam-tutorial</a>.

The blueprint can be expanded for additional detail as shown below. Each of the medical content categories is listed there, and below each major category are the content subsections and specific topics that *may* appear in the exam. <u>Please note</u>: actual exam content may vary.

**Embryology and Anatomy** 

2%

4% of Exam

### Normal and abnormal development

Situs abnormalities

Venous connections

Atrioventricular connections

Septal defects

Looping

Conotruncal defects

Conduction systems

Coronaries

Other normal and abnormal development



**Genetic syndromes and associations** 

Down

DiGeorge and VACTERL

Williams

Turner

Noonan

Holt-Oram

Alagille

Other genetic syndromes and associations

Clinical Evaluation 10% of Exam

2%

History 2.5%

Symptoms

Surgical

Interventional

Reproductive

Social

Family

Other history

Physical examination 7.5%

Septal defects

Patent ductus arteriosus

Coarctation of the aorta

Left ventricular outflow tract obstruction

Pulmonary stenosis

Tetralogy of Fallot

Dextro-transposition of the great arteries

Congenitally corrected transposition of the great arteries

Single ventricle/Fontan

Truncus arteriosus

Pulmonary hypertension/Eisenmenger syndrome

**Ebstein anomaly** 

Other physical examination

Noninvasive Diagnostic Testing – Indications and Interpretation 20% of Exam

Electrocardiography

Wolff-Parkinson-White syndrome

Ebstein anomaly



2%

| Congenitally corrected transposition of the great arteries |     |
|--|-----|
| Primum atrial septal defect                                |     |
| Systemic right ventricle                                   |     |
| Tetralogy of Fallot  |     |
| Other electrocardiography                                  |     |
| Chest radiography  | <2% |
| New diagnosis  |     |
| Post interventional catheterization/electrophysiology      |     |
| Post surgical  |     |
| Other chest radiography                                    |     |
| Transthoracic and transesophageal echocardiography         | 10% |
| Indications  |     |
| Septal defects   |     |
| Patent ductus arteriosus                                   |     |
| Coarctation of the aorta                                   |     |
| Left ventricular outflow tract obstruction                 |     |
| Pulmonary stenosis   |     |
| Tetralogy of Fallot  |     |
| Dextro-transposition of the great arteries                 |     |
| Congenitally corrected transposition of the great arteries |     |
| Single ventricle/Fontan                                    |     |
| Truncus arteriosus   |     |
| Pulmonary hypertension/Eisenmenger syndrome                |     |
| Ebstein anomaly  |     |
| Coronary anomalies – origin and course                     |     |
| Other echocardiography                                     |     |
| Magnetic resonance imaging                                 | 4%  |
| Indications and contraindications                          |     |
| Sinus venosus atrial septal defect                         |     |
| Anatomy of pulmonary artery and vein                       |     |
| Coarctation of the aorta                                   |     |
| Aortopathy   |     |
| Tetralogy of Fallot  |     |
| Dextro-transposition of the great arteries                 |     |
| Congenitally corrected transposition of the great arteries |     |
| Single ventricle/Fontan                                    |     |
| Truncus arteriosus   |     |
| Coronary anomalies – origin and course                     |     |
| Other magnetic resonance imaging                           |     |



| Computed tomography                                   | <2%               |
|---|-------------------|
| Indications and contraindications                     |                   |
| Coronary arterial and venous anatomy                  |                   |
| Stents  |                   |
| Other computed tomography                             |                   |
| Stress testing  | <2%               |
| Electrocardiography                                   |                   |
| Cardiopulmonary exercise test                         |                   |
| Other stress testing                                  |                   |
| Nuclear lung perfusion                                | <2%               |
|   | 6-                |
| Diagnostic and Interventional Cardiac Catheterization | <b>7%</b> of Exam |
| Diagnostic indications                                | <2%               |
| Fontan  | 12/0              |
| Shunt lesions   |                   |
| Pulmonary hypertension                                |                   |
| Coronary anomalies and coronary artery disease        |                   |
| Inconclusive noninvasive imaging                      |                   |
| Other diagnostic indications                          |                   |
| Procedural considerations                             | <2%               |
| Safety  |                   |
| Access  |                   |
| Other procedural considerations                       |                   |
| Hemodynamic   | <2%               |
| Vasoreactivity testing                                |                   |
| Pressure tracing                                      |                   |
| Calculations  |                   |
| Other hemodynamic                                     |                   |
| Angiography   | <2%               |
| Coronary anomalies and acquired diseases              |                   |
| Coarctation of the aorta                              |                   |
| Ventriculography                                      |                   |
| Collaterals   |                   |
| Single ventricle/Fontan                               |                   |
| Dextro-transposition of the great arteries            |                   |
| Other angiography                                     |                   |
| Interventional  | 3.5%              |
| Indications   |                   |
| Device closure of shunts                              |                   |



Valvuloplasty/Angioplasty
Stents
Coils
Valve replacement
Other interventional

| Arrhythmias  | <b>15%</b> of Exam |
|--|--------------------|
| Not well and the d   | .20/               |
| Naturally acquired   | <2%                |
| Atrioventricular block   |                    |
| Wolff-Parkinson-White syndrome                                     |                    |
| Other naturally acquired   | ,                  |
| Postoperative  | 5.5%               |
| Atrioventricular node block  |                    |
| Sinoatrial node  |                    |
| Atrial flutter/intra-atrial re-entrant tachycardia                 |                    |
| Ventricular tachycardia, ventricular flutter, sudden cardiac death |                    |
| Atrial fibrillation  |                    |
| Junctional ectopic tachycardia (JET)                               |                    |
| Other postoperative  |                    |
| Medical management   | <2%                |
| Antiarrhythmic medication  |                    |
| Anticoagulation  |                    |
| Other medical management   |                    |
| Electrophysiology and ablation                                     | 3%                 |
| Indications  |                    |
| Outcomes   |                    |
| Other electrophysiology and ablation                               |                    |
| Arrhythmia surgery   | <2%                |
| Indications  |                    |
| Outcomes   |                    |
| Other arrhythmia surgery   |                    |
| Devices  | 3%                 |
| Indications  |                    |
| Outcomes   |                    |
| Implantable cardioverter-defibrillator                             |                    |
| Pacer  |                    |
| Cardiac resynchronization therapy                                  |                    |
| Other devices  |                    |



## **Congenital Cardiac Surgery 12%** of Exam Indications and risks 3% Septal defects Coarctation of the aorta Left ventricular outflow tract obstruction Tetralogy of Fallot Dextro-transposition of the great arteries Congenitally corrected transposition of the great arteries Single ventricle/Fontan Truncus arteriosus **Ebstein anomaly** Coronary anomalies – origin and course Right ventricular outflow tract Valve replacement Other indications and risks 2% **Types** Coarctation of the aorta Systemic to pulmonary artery shunts Blalock-Hanlon Atrial switches Arterial switches Rastelli Ross procedure Glenn/Fontan Warden Conduits Septal defect repair Tetralogy of Fallot repair Valve replacement Truncus arteriosus repair Pulmonary artery banding Other types <2% Perioperative assessment and management Access



Coronary angiography

Assessment of comorbidities

Other perioperative assessment and management

# Postoperative complications, residua, and sequelae Acute postoperative complications Cardiac Noncardiac Other complications of ACHD surgery Long-term residua and sequelae Left-to-right shunts Coarctation of the aorta Left ventricular outflow tract obstruction Right ventricular outflow tract obstruction Tetralogy of Fallot Dextro-transposition of the great arteries Congenitally corrected transposition of the great arteries Single ventricle/Fontan Truncus arteriosus Ebstein anomaly Coronary anomalies Other long-term residua and sequelae Other complications, residua, and sequelae

| Heart Failure and Pulmonary Hypertension | <b>10%</b> of Exam |
|--|--------------------|
| Evaluation of heart failure              | 4%                 |
| Etiology                                 |                    |
| Clinical examination                     |                    |
| Biomarkers                               |                    |
| Imaging                                  |                    |
| Functional testing                       |                    |
| Catheterization                          |                    |
| Other heart failure evaluation           |                    |
| Medical management of heart failure      | <2%                |
| Heart failure medications                |                    |
| Arrhythmia treatment                     |                    |
| Other heart failure medical management   |                    |
| Intervention for heart failure           | <2%                |
| Surgery                                  |                    |
| Interventional catheterization           |                    |
| Transplant                               |                    |
| Mechanical circulatory support           |                    |
| Other heart failure intervention         |                    |



6%

| Evaluation of pulmonary hypertension                   | 2%                |
|--|-------------------|
| Etiology   |                   |
| Clinical examination                                   |                   |
| Biomarkers   |                   |
| Imaging  |                   |
| Functional testing                                     |                   |
| Cardiac catheterization                                |                   |
| Other pulmonary hypertension evaluation                |                   |
| Pulmonary arterial hypertension–specific therapies     | <2%               |
| Reproductive Health                                    | <b>5%</b> of Exam |
| <b>D</b>   | 2.50/             |
| Pregnancy Risk assessment and preconception counseling | 3.5%              |
| Management during pregnancy                            |                   |
| Peripartum care  |                   |
| Other pregnancy  |                   |
| Genetic counseling                                     | <2%               |
| Contraception  | <2%               |
| Types and indications                                  |                   |
| Risks  |                   |
| Other contraception                                    | .20/              |
| Sexual dysfunction                                     | <2%               |
| Acquired Cardiovascular Disease and                    |                   |
| Common Adult Medical Problems                          | <b>5%</b> of Exam |
| Acute and long-term ischemic heart disease             | <2%               |
| Risk factors   |                   |
| Recognition  |                   |
| Evaluation   |                   |
| Management   |                   |
| Other ischemic heart disease                           |                   |
| Heart failure  | <2%               |
| Recognition and evaluation                             |                   |
| Medical therapy  |                   |
| Role of device therapy                                 |                   |
| Other heart failure                                    |                   |
| Noncardiac surgery                                     | <2%               |
| Risk assessment  |                   |
| Perioperative management                               |                   |
| Other noncardiac surgery                               |                   |



| Adult medical issues                                      | <2%               |
|---|-------------------|
| Syndromic patients  |                   |
| Sleep apnea   |                   |
| Hypertension  |                   |
| Obesity   |                   |
| Lung disease  |                   |
| Renal function  |                   |
| Neurologic  |                   |
| Liver disease   |                   |
| Other adult medical issues                                |                   |
| Endocarditis prophylaxis and management                   | <2%               |
| Extracardiac Manifestations of Congenital Heart Disease   | <b>7%</b> of Exam |
|   |                   |
| Liver   | <2%               |
| Protein-losing enteropathy                                | <2%               |
| Venous insufficiency                                      | <2%               |
| Thromboembolic<br>Collaterals                             | <2%<br><2%        |
| Cyanotic congenital heart disease                         | <2%<br><2%        |
| Hematologic   | <b>\</b> 2/0      |
| Gout  |                   |
| Embolism  |                   |
| Brain abscess   |                   |
| Other cyanotic congenital heart disease                   |                   |
| Infection risks   | <2%               |
| Vascular rings and slings                                 | <2%               |
| Lung  | <2%               |
| Kidney  | <2%               |
| Life and Health Management                                | <b>5%</b> of Exam |
|   |                   |
| Exercise and athletic participation                       | <2%               |
| Promotion   |                   |
| Limitations   |                   |
| Other exercise and athletic participation                 |                   |
| Recognition of psychosocial/neurocognitive/mood disorders | <2%               |
| Access and delivery of care                               | <2%               |
| Transition education                                      | <2%               |
| Best practices  |                   |
| Employability and insurability                            |                   |
| Other transition education                                |                   |
|   |                   |



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