

Pulmonary Disease Blueprint

Certification Examination (CERT)

Purpose of the exam

The exam is designed to evaluate the knowledge, diagnostic reasoning, and clinical judgment skills expected of the certified pulmonologist in the broad domain of the discipline. The ability to make appropriate diagnostic and management decisions that have important consequences for patients will be assessed. The exam may require recognition of common as well as rare clinical problems for which patients may consult a certified pulmonologist.

Exam content

Exam content is determined by a pre-established blueprint, or table of specifications. The blueprint is developed by ABIM and is reviewed annually and updated as needed for currency. Trainees, training program directors, and certified practitioners in the discipline are surveyed periodically to provide feedback and inform the blueprinting process.

The primary medical content categories of the blueprint are shown below, with the percentage assigned to each for a typical exam:

Medical Content Category	% of Exam
Obstructive Lung Disease	17.5%
Critical Care Medicine	15%
Diffuse Parenchymal Lung Disease (DPLD)	10%
Sleep Medicine, Neuromuscular and Skeletal	10%
Epidemiology	2%
Infections	12%
Neoplasia	9.5%
Pleural Disease	5%
Quality, Safety, and Complications	5%
Transplantation	2%
Vascular Diseases	6%
Respiratory Physiology and Pulmonary Symptoms	4%
Occupational and Environmental Diseases	2%
	100%

Exam questions in the content areas above may also address clinical topics in general internal medicine that are relevant to the practice of pulmonary medicine.

ABIM is committed to working toward health equity and believes that board-certified physicians should have an understanding of health care disparities. Therefore, health equity content that is clinically important to each discipline will be included in assessments, and the use of gender, race, and ethnicity identifiers will be re-evaluated.

Exam format

The exam is composed of up to 240 single-best-answer multiple-choice questions, of which approximately 40 are new questions that do not count in the examinee's score. Most questions describe patient scenarios and ask about the work done (that is, tasks performed) by physicians in the course of practice:

- Making a diagnosis
- Ordering and interpreting results of tests
- Recommending treatment or other patient care
- Assessing risk, determining prognosis, and applying principles from epidemiologic studies
- Understanding the underlying pathophysiology of disease and basic science knowledge applicable to patient care

Clinical information presented may include patient photographs, radiographs, electrocardiograms, recordings of heart or lung sounds, video, and other media to illustrate relevant patient findings. It is possible to enlarge ("zoom") most radiographic and histologic images. Learn more information on how exams are developed.

A tutorial including examples of ABIM exam question format can be found at http://www.abim.org/certification/exam-information/pulmonary-disease/exam-tutorial.

The blueprint can be expanded for additional detail as shown below. Each of the medical content categories is listed there, and below each major category are the content subsections and specific topics that *may* appear in the exam. <u>Please note:</u> actual exam content may vary.



Obstructive Lung Disease

17.5% of Exam

Asthma 9%

Pathophysiology and diagnosis of asthma

Genetics

Epidemiology

Biology

Evaluation (bronchodilator responses and

provocative challenge)

Severity and stepped care

Mild to moderate

Severe

Asthma in pregnancy

Perioperative care

Complications of care

Special types and phenotypes of asthma

Aspirin-sensitive asthma

Exercise-induced asthma

Eosinophilic TH2-high asthma

Cough variant asthma and other special types

Asthma mimics

Paradoxical vocal fold motion (Inducible laryngeal obstruction)

Genetic (cystic fibrosis, alpha-1 antitrypsin disease, primary

ciliary dyskinesia) and nongenetic

Hypereosinophilic Löffler syndrome and other

parasitic infections

Infiltrative airway processes (granulomatous, amyloidosis,

and other processes)

Heart failure

Central airway obstruction

Exacerbation

Status asthmaticus

Viral infections, allergens, and other causes

Allergic bronchopulmonary aspergillosis and fungosis

Eosinophilic granulomatosis with polyangiitis

Chronic obstructive pulmonary disease (COPD)

Pathophysiology and diagnosis of COPD

Genetics

Epidemiology



6.5%

Biology Evaluation (guidelines, physiology of airflow, and imaging) Management of chronic stable disease Pharmaceutical therapies Nonpharmaceutical therapies (rehabilitation, oxygen, palliation, and other therapies) Operative and bronchoscopic procedures Preoperative assessment and perioperative management Comorbidities (vascular disease, lung cancer, and other conditions) **Exacerbation of COPD** Pharmaceutical therapies Nonpharmaceutical therapies (noninvasive positivepressure ventilation [NIPPV] and mucociliary clearance) Prevention of exacerbations Mimics (heart failure and pulmonary embolism) Obstructive, other than asthma and COPD 2% Cystic fibrosis (CF) Pathophysiology Airway clearance Non-CF bronchiectasis and issues other than infection Central airway obstruction **15%** of Exam 2% Assessment and monitoring

Critical Care Medicine

Outcomes prediction including prognostic scoring systems Assessment for agitation, cognitive impairment, and delirium Cardiovascular assessment and monitoring

Critical care ultrasound

Determination of brain death

Therapeutics 4%

Airway management in respiratory failure

Assisted ventilation

Invasive mechanical ventilation

Noninvasive mechanical ventilation

Extracorporeal membrane oxygenation and

CO2 removal



Sedation, analgesia, and neuromuscular blockade Blood component replacement Enteral and parenteral nutrition (including feeding tubes) Early mobilization and rehabilitation Cardiopulmonary resuscitation and brain protective strategies Indications for renal replacement therapy Management of potential organ donors 2.5% Prevention and management of complications Catheter-associated complications Ventilator-associated complications Acquired coagulation disorders Acquired gastroduodenal stress ulcers, ileus, and diarrhea Aspiration Acquired neuromuscular weakness 2.5% Nonrespiratory critical care Shock Septic shock Cardiogenic shock Hypovolemic and distributive shock Hypovolemic shock Anaphylaxis and drug-induced shock Hemorrhagic shock (non-pulmonary hemorrhage) Cardiovascular critical care Acute coronary syndromes Acute heart failure Tachyarrhythmias and bradyarrhythmias Hypertensive and other vascular emergencies Neurologic critical care Acute liver failure and other acute abdominal processes Acute renal failure Severe, acute endocrine and metabolic disorders Coagulopathies Hypothermia and hyperthermia Toxicology **Respiratory Failure** 4% Acute respiratory distress syndrome Other hypoxemic respiratory failure (e.g., e-cigarette and vaping-associated lung injury



Respiratory failure complicating airway obstruction
Asthma
COPD
Central airway obstruction
Hypercapnic respiratory failure
Massive hemoptysis and diffuse alveolar hemorrhage
Respiratory failure related to COVID-19

Diffuse Parenchymal Lung Disease (DPLD)

10% of Exam

Interstitial lung disease (ILD) associated with

systemic inflammatory disease

2.5%

Connective tissue disease (CTD)-associated ILD

Rheumatoid arthritis

Systemic sclerosis

Polymyositis, dermatomyositis, and

anti-synthetase syndromes

Sjogren syndrome

Systemic lupus erythematosus

Other connective tissue diseases

Inflammatory bowel disease-associated ILD

IgG4-related disease and other diseases

Idiopathic interstitial pneumonias

3.5%

Acute interstitial pneumonia

Cryptogenic organizing pneumonia

Desquamative interstitial pneumonia

Idiopathic pulmonary fibrosis

Lymphocytic interstitial pneumonia (LIP)

Nonspecific interstitial pneumonia

Respiratory bronchiolitis-associated ILD

Acute and chronic eosinophilic pneumonias

Idiopathic pleuropulmonary fibroelastosis and other conditions

Granulomatous interstitial lung diseases

2%

Sarcoidosis

Pulmonary

Extrapulmonary

Hypersensitivity pneumonitis

Granulomatous lymphocytic ILD and other conditions



Diffuse cystic lung diseases (DCLDs)

<2%

Lymphangioleiomyomatosis

Langerhans cell histiocytosis

Birt-Hogg-Dube syndrome

Follicular bronchiolitis and cystic LIP

Light-chain deposition disease, neurofibromatosis,

Marfan syndrome, and other DCLDs

Radiation induced pneumonitis and fibrosis

<2%

Drug-induced interstitial lung disease

Pulmonary alveolar proteinosis

Constrictive bronchiolitis (idiopathic and toxic exposure-induced)

Genetic and other rare interstitial lung diseases

Sleep Medicine, Neuromuscular and Skeletal

10% of Exam

6.5%

Sleep, Respiratory

Central sleep apnea

Altitude

Cheyne-Stokes breathing

Other sleep, respiratory topics (idiopathic, pathophysiology)

Evaluation

Normal Physiology, sleep and respiration

Obstructive sleep apnea

Pathophysiology

Evaluation

Therapy

Outcomes

Procedures

Polysomnography

Home sleep apnea testing

Multiple Sleep Latency Test (MSLT) and Maintenance of

Wakefulness Test (MWT)

Sleep, Nonrespiratory

<2%

Insomnia

Narcolepsy

Periodic limb movement disorder

Restless legs syndrome

Interactions of cardiopulmonary disease and sleep



	Circut Wall alla Shereta.	
	Obesity	
	Neuromuscular disease	
	Ventilatory control	
Epidemio	logy	2% of Exam
		20/
Inte	rpretation of clinical studies	<2%
	Study design	
	Causal inference	
	Sources of error	
	Analytic issues	
	Screening studies	
	Diagnostic studies	
Pan	demic response	<2%
Infections	5	12% of Exam
Hos	t defense mechanisms	<2%
	Nonimmune mechanisms	
	Innate immunity	
	Adaptive immunity	
Vac	cination	<2%
	Pneumococcus and other bacteria (HIB, Pertussis)	
	Influenza and other respiratory viruses	
Con	nmon syndromes of pulmonary infection	4%
	Upper respiratory tract infections	
	Acute bronchitis	
	Community-acquired pneumonia	
	Aspiration, lung abscess, and anaerobic infections	
	Empyema	
	Nosocomial pneumonia (hospital-acquired pneumonia [H	HAP], healthcare-
	acquired pneumonia [HCAP], ventilator-associated pne	eumonia [VAP])
	Bronchiectasis	
	CF-related	
	Non-CF-related	
	Mediastinitis	

Hypoventilation

Chest wall and skeletal



2.5%

The Immunocompromised Host	<2%
Chemotherapy-related, post-transplantation, and drug-induced	
HIV and AIDS	
Congenital and acquired immune system disorders	
Major pathogens in pulmonary infection	5%
Pneumonia due to gram-positive bacteria	
Pneumococcus	
Staphylococcus aureus, including methicillin-resistant	
S. aureus (MRSA) and community-associated	
MRSA (CA-MRSA)	
Other gram-positive bacteria (Nocardia, enterococci)	
Pneumonia due to gram-negative bacteria	
Pseudomonas	
Enterobacteriaceae	
Other gram-negative bacteria (Burkholderia, Legionella)	
Viruses	
Influenza	
COVID-19/SARS-CoV-2	
Cytomegalovirus infection, herpes, and varicella	
Aspergillus and other opportunistic fungi (Mucor)	
Endemic fungoses (histoplasmosis, blastomycosis,	
coccidioidomycosis) and cryptococcosis	
Parasitic infections	
Tuberculosis (TB)	
Non-TB mycobacterial infection	
Extrapulmonary Infections in the ICU	<2%

Neoplasia	9.5% of
	20/
Lung cancer	3%
Non-small cell lung cancer	
Diagnostic evaluation	
Staging	
TNM staging and noninvasive staging	
Invasive mediastinal staging	
Molecular markers	
Small cell lung cancer	



Exam

al Disease	5%
Lung cancer screening	<270
Video-assisted thoracoscopy (VATS) and other surgery	<2%
Palliative interventions	
airway procedures	
Bronchoscopy, EBUS, and other interventional	
Interventional pulmonary medicine and thoracic surgery	<2%
Physiologic assessment for thoracic surgery	<2%
Mimics of pulmonary nodules and masses	
Multiple pulmonary nodules	
Solitary pulmonary nodule	
Pulmonary nodules	<2%
Superior vena cava syndrome	
Paraneoplastic syndromes	
Complications	<2%
Malignant pleural effusion or pleural metastasis	
Mesothelioma	
Malignant pleural disease	<2%
Metastatic disease	
Plasmacytoma, sarcoma, and other thoracic tumors	
Other mediastinal tumors	
Lymphoma	
Thymoma	
Tumors of the mediastinum	
Adenoid cystic carcinoma and other primary lung tumors	
Hamartoma	
Carcinoid tumors	
Other primary lung tumors	270
Other intrathoracic tumors	2%
(chemotherapy, radiation therapy, palliative therapy)	
Lung cancer requiring surgical treatment Lung cancer requiring nonsurgical treatment	
Treatments for lung cancer	
Treatments for lung cancer	

Pleural Disease 5% of Exam Structure and physiology Fibrosis Calcification Thickening



Fluid dynamics Trapped lung and lung entrapment **Pneumothorax** <2% Primary spontaneous Secondary Parenchymal disease-related latrogenic Traumatic Catamenial, familial, and other types Outcomes Effusions and pleural pathology 2% Transudative Hemodynamic and oncotic Hydrothorax Urinothorax and other types Exudative Infectious Occupational Noninfectious inflammatory Hemorrhagic Chylous Drug-induced Eosinophilic Diagnostic and therapeutic procedures <2% Thoracentesis and pleuroscopy Chest tubes and tunneled pleural catheters

Quality, Safety, and Complications	5% of Exam
Mothods of associng quality safety and nations satisfaction	<2%
Methods of assessing quality, safety, and patient satisfaction	<270
Benchmarking	
Adverse event reporting	
Patient satisfaction surveys	
Root cause analysis	
Failure mode and effects analysis	
Methods for improving quality and safety	<2%



Complications of medical care	2%
Adverse drug effects and drug interactions	
Complications of bronchoscopy and pleural procedures	
Adverse outcomes of thoracic surgery	
Adverse effects of thoracic radiation therapy	
Complications of translaryngeal intubation and tracheostomy	
Infection control	
Ethics and professionalism (advance directives, end of life,	
decision-making capacity, etc.)	<2%

Transplantation	2% of Exam
Lung transplantation	<2%
Patient selection	
Complications of lung transplantation	
Transplantation outcomes	
Pulmonary complications of transplantation other than lung	<2%
Infections	
Neoplastic complications	
Other complications of organ transplantation	
(graft-versus-host disease)	

Vascular Diseases	6% of Exam
Dulmanary thromboomhalis disaasa	2.5%
Pulmonary thromboembolic disease	2.5%
Deep venous thrombosis	
Pulmonary thromboembolism	
Nonthrombotic pulmonary embolism	
Infectious thrombophlebitis	
Pulmonary hypertension	<2%
Pulmonary arterial hypertension	
Chronic thromboembolic disease	
Other pulmonary hypertension related to heart or lung disease	
Right ventricular failure	
Pulmonary vasculitis and capillaritis	<2%
Granulomatosis with polyangiitis	
Anti-glomerular basement membrane disease	
Microscopic polyangiitis and other pulmonary vasculitides	



Pulmonary arteriovenous malformation	
Hepatopulmonary syndrome Sickle cell disease	<2%
Sickle cell disease	<2%
Respiratory Physiology and Pulmonary Symptoms	4% of Exam
Respiratory physiology	2%
Pulmonary mechanics	
Oxygenation	
Cardiovascular physiology	
Cardiopulmonary exercise testing	
Acid-base interpretation	
Hypercapnia and hypocapnia	
Pulmonary function testing	
Special situations	<2%
Pregnancy	
Obesity	
Neuromuscular disease	
Preoperative evaluation (nonthoracic surgery)	
Barometric pressure-related (high altitude, diving, and	
other special situations)	
Approach to pulmonary symptoms	<2%
Dyspnea	
Cough	
Chest pain	
Hemoptysis	
Occupational and Environmental Diseases	2% of Exam

Tobacco use treatment and smoking cessation
Occupational asthma and work-exacerbated asthma
Indoor and outdoor air pollution
Barometric- or thermal-related disorders
Pneumoconioses

Asbestosis

Berylliosis

Pulmonary vascular malformations

Coal-workers' pneumoconiosis



<2%

Hard metal pneumoconiosis

Silicosis

Toxic inhalations

E-cigarette and vaping-associated lung injury

Carbon monoxide

Smoke inhalation

Other toxic exposures (cobalt, dust, endotoxin, metal fume fever, organic agents)

Environmental cancer risk

July 2023

