



American Board
of Internal Medicine®

Maintenance of Certification

A GUIDE FOR ENDOCRINOLOGISTS



MAINTENANCE OF CERTIFICATION: THE BASICS

Endocrinologists renew their board certification through the American Board of Internal Medicine (ABIM) Maintenance of Certification (MOC) program. The MOC program is designed to reflect what physicians do in practice, and there are many options available to endocrinologists to meet their MOC requirements.

The ABIM MOC program requirements include:

- ✓ Be licensed and in good standing.
- ✓ Pass the secure examination.
- ✓ Earn 100 points in Self-Evaluation of Medical Knowledge and Self-Evaluation of Practice Performance. You are required to earn a minimum of 20 points of medical knowledge and 20 points of practice performance. The remaining 60 points may be from either medical knowledge, practice performance or both. The 100 points you earn are valid during your participation in MOC and can be applied to all certifications you are maintaining within that time frame.

Begin now and take advantage of the many options ABIM offers to complete your MOC requirements. Once enrolled, you can complete as many modules as you wish. You can earn self-evaluation points at any time, and beginning in the sixth year of your current certification, you can sit for the secure exam.

For practical advice about completing MOC, visit www.abim.org/advice to learn topical insights from fellow ABIM Board Certified physicians.

THE SECURE EXAM

The ABIM Endocrinology, Diabetes & Metabolism Maintenance of Certification Examination is designed to evaluate the extent of your knowledge and clinical judgment in the areas in which you should demonstrate a high level of competence. Exam questions are developed by a team of endocrinologists in practice and in academic medicine. During the exam, you will be asked to demonstrate your mastery in the broad domain of endocrinology and the diagnosis and treatment of both common and rare conditions that have important consequences for patients.

The computer-based examination is offered twice a year – in spring and fall – at Pearson VUE Professional Centers, located worldwide. Please visit www.abim.org/endoexam to find exam dates. Once enrolled in the MOC program, you can choose an exam location and schedule an appointment by contacting Pearson VUE Professional Centers at 1-800-601-3549 or visiting www.pearsonvue.com/abim, selecting "Schedule a Test" in the right-hand column and following the instructions, during the following registration periods:

- Spring MOC Exams - December 1 through February 15
- Fall MOC Exams - May 1 through August 1

Remember, you are eligible to schedule an exam appointment beginning in year six of your certification. You can take the exam before or after you complete all of the self-evaluation modules.

SELF-EVALUATION OF MEDICAL KNOWLEDGE

ABIM medical knowledge modules provide evidence of engagement in periodic self-assessment to guide continuing learning. Each module allows you to perform a diagnostic self-assessment of your strengths and weaknesses in important aspects of the knowledge base underlying each certification area.

- Medical knowledge modules are worth 10 points each.
- Each module contains 25 multiple-choice questions.
- Select modules that fit your self-assessment goals.
- Societies also offer learning sessions to assist in completing medical knowledge modules with your peers. Visit www.abim.org/ls for upcoming sessions.

Medical Knowledge Options for Endocrinologists

- A new Annual Update in Endocrinology, Diabetes & Metabolism (10 points each) is released every year and there are always three modules available.
- Endocrine Self-Assessment Program (ESAP 2009 MOC) (20 points) – must be ordered through the Endocrine Society.
- ASAP 2008 (points vary per section) - must be ordered through the American Association of Clinical Endocrinologists.

Additional medical knowledge options can be found at www.abim.org/mk

SELF-EVALUATION OF PRACTICE PERFORMANCE

Self-Evaluation of Practice Performance provides you with various pathways to apply quality measurement to your practice and then use the resulting data to improve care. These include, ABIM PIMs Practice Improvement Modulessm, the Essentials of Quality Improvement module for clinically inactive physicians, and the ABIM-Approved Quality Improvement (AQI) pathway.

- PIMs are worth 20 or 40 points each, depending on the PIM chosen.
- Visit www.abim.org/pimdemo for PIM demonstrations.
- AQI is worth 20 points and can be submitted once every six months. Visit www.abim.org/aqi for more information.
- Earn rewards and recognition from several major health plans for completion of PIMs.

Practice Performance Options for Endocrinologists

- Communication - Subspecialists (20 points)
- Communication with Referring Physicians (20 points)
- Diabetes (40 points)
- Preventive Cardiology (for those making management decisions about blood pressure and lipids) (40 points)
- Osteoporosis (20 points)
- Self-Directed PIM (20 points)
- You can also earn 20 points of Self Examination of Practice Performance credit through ABIM's Approved Quality Improvement (AQI) program. If you serve as a leader or member of a team in an approved program, you may attest to your participation in this activity for practice performance credit. Visit www.abim.org/aqi for a complete list of AQI programs.

Additional practice performance options can be found at www.abim.org/pp

HOW DO I ENROLL IN MOC?

- Go to the Physician Login section, located on the home page of ABIM's website, www.abim.org, and enter your ABIM ID and your password.
- If you have never logged on to your home page before, the default password is your six-digit date of birth (MMDDYY).
- On your personal home page, under "My Maintenance of Certification Program," click on "Enroll in Maintenance of Certification Program" and follow the instructions.
- Complete a practice characteristics survey and update your contact information.
- Save the enrollment confirmation page you receive for your records.

WHAT ARE THE REWARDS?

Your participation in MOC:

- Stands as a marker of professionalism to both peers and patients
- Helps you to stay current with the growth of information relevant to your medical practice
- Provides an opportunity to evaluate your knowledge and skills, receive valuable feedback on your practice, and identify and rectify gaps in care
- Offers an opportunity to earn CME credit
- Helps you meet some hospitals' and medical groups' privileging requirements
- Provides opportunity for special recognition in certain health plan provider directories and inclusion in quality-tiered networks

Have questions? Call the ABIM Contact Center at [1-800-441-ABIM](tel:1-800-441-ABIM) or e-mail them at request@abim.org



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