

Nephrology Blueprint

Certification Examination (CERT)

Purpose of the exam

The exam is designed to evaluate the knowledge, diagnostic reasoning, and clinical judgment skills expected of the certified nephrologist in the broad domain of the discipline. The ability to make appropriate diagnostic and management decisions that have important consequences for patients will be assessed. The exam may require recognition of common as well as rare clinical problems for which patients may consult a certified nephrologist.

Exam content

Exam content is determined by a pre-established blueprint, or table of specifications. The blueprint is developed by the ABIM and is reviewed annually and updated as needed for currency. Trainees, training program directors, and certified practitioners in the discipline are surveyed periodically to provide feedback and inform the blueprinting process.

The primary medical content categories of the blueprint are shown below, with the percentage assigned to each for a typical exam:

Medical Content Category	% of Exam
Sodium and Water Abnormalities	8%
Acid-Base and Potassium Disorders	9%
Calcium, Phosphorus, and Magnesium Disorders and Stones	4%
Chronic Kidney Disease	22%
Hypertension	10%
Tubular, Interstitial, and Cystic Disorders	4%
Glomerular and Vascular Disorders	12%
Kidney Transplantation	11%
Pharmacology	5%
Acute Kidney Injury and Intensive Care Unit Nephrology	15%
	100%

Exam questions in the content areas above may also address clinical topics in adolescent medicine, critical care medicine, clinical epidemiology, geriatric medicine, and nutrition that are important to the practice of nephrology.

ABIM is committed to working toward health equity and believes that board-certified physicians should have an understanding of health care disparities. Therefore, health equity content that is clinically important to each discipline will be included in assessments, and the use of gender, race, and ethnicity identifiers will be re-evaluated.

Exam format

The exam is composed of up to 240 single-best-answer multiple-choice questions, of which approximately 40 are new questions that do not count in the examinee's score. Most questions describe patient scenarios and ask about the work done (that is, tasks performed) by physicians in the course of practice:

- Making a diagnosis
- Ordering and interpreting results of tests
- Recommending treatment or other patient care
- Assessing risk, determining prognosis, and applying principles from epidemiologic studies
- Understanding the underlying pathophysiology of disease and basic science knowledge applicable to patient care

Clinical information presented may include patient photographs, ultrasound images, angiograms, micrographs, radiographs, electrocardiograms, and other media to illustrate relevant patient findings. Learn more information on how exams are developed.

A tutorial including examples of ABIM exam question format can be found at http://www.abim.org/certification/exam-information/nephrology/exam-tutorial.aspx.

The blueprint can be expanded for additional detail as shown below. Each of the medical content categories is listed there, and below each major category are the content subsections and specific topics that *may* appear in the exam. <u>Please note</u>: actual exam content may vary.



Sodium ar	nd Water Abnormalities	8% of Exan
Нурс	onatremia	3%
,,	Hypotonic	
	Syndrome of inappropriate antidiuretic hormone	
	secretion (SIADH)	
	Hypervolemic	
	Low solute intake	
	Thiazides	
	Other hypotonic (secondary adrenal insufficiency)	
	Hypertonic	
	Isotonic (pseudohyponatremia)	
Нуре	ernatremia or serum hyperosmolality	<2%
	Osmotic diuresis	
	Urea	
	Glucose	
	Water diuresis	
	Central diabetes insipidus	
	Nephrogenic diabetes insipidus	
	Other water diuresis (physiologic saline diuresis)	
	Other hypernatremia or serum hyperosmolality	
	(hypodipsia; extrarenal water loss)	
Salt	excess (edema)	2.5%
	Heart failure	
	Cirrhosis	
	Nephrotic syndrome	
	Chronic kidney disease	
Salt	depletion	<2%
	Renal sodium losses	
	Postobstructive diuresis	
	Post-acute kidney injury diuresis	
	Salt-wasting nephropathy	
	Diuretics	
	Other renal sodium losses (chemotherapy-induced)	
	Extrarenal sodium losses	
Poly	uria	<2%
	Primary polydipsia	
	Other polyuria (iatrogenic)	



Metabolic acidosis	3.5%
Metabolic acidosis (normal anion gap)	
Renal tubular acidosis (normokalemic or hypokalemic)	
Renal tubular acidosis (hyperkalemic)	
Nonrenal causes	
Metabolic acidosis (elevated anion gap)	
Lactic acidosis	
Ketoacidosis	
Toxins	
Uremic	
Other metabolic acidosis (low anion gap in multiple myeloma)	
Metabolic alkalosis	<2%
Associated with normal or low blood pressure	
Renal origin	
Other metabolic alkalosis associated with normal or	
low blood pressure (chemotherapy-induced;	
hypokalemia; post-hypercapnic)	
Associated with high blood pressure	
Adrenal	
Other metabolic alkalosis associated with	
high blood pressure (malignant hypertension)	
Respiratory acid-base disturbances	<2%
Respiratory acidosis	
Respiratory alkalosis	
Mixed acid-base disturbances	<2%
Potassium disturbances	3.5%
Hyperkalemia	
Pseudohyperkalemia	
Transcellular shifts	
Medication-induced	
Genetic abnormalities	
Other tubular disorders (hepatitis-associated)	
Postsurgical	
Other hyperkalemia (peritoneal dialysis)	
Hypokalemia	
Pseudohypokalemia	
Transcellular shifts	

Acid-Base and Potassium Disorders



9% of Exam

Renal losses
Nonrenal losses
Other hypokalemia (combined therapeutic hypothermia
and barbiturate coma)

Calcium, Phosphorus, and Magnesium Disorders and Stones	4% of Exam
Disorders of calcium metabolism	<2%
Hypercalcemia	
Primary hyperparathyroidism	
Granulomatous diseases	
Malignancy	
Familial hypocalciuric hypercalcemia (FHH)	
Vitamin D toxicity	
Medication and vitamin-induced	
Milk alkali syndrome	
Hypocalcemia	
Hypoparathyroidism	
Pseudohypoparathyroidism	
Medication-induced	
Tissue deposition	
Vitamin D deficiency	
Disorders of phosphate metabolism	<2%
Hyperphosphatemia	
Decreased renal excretion	
Increased intake	
Tissue redistribution	
Genetic causes	
Hypophosphatemia	
Increased renal excretion	
Decreased intake and gastrointestinal absorption	
Tissue redistribution	
Disorders of magnesium metabolism	<2%
Hypermagnesemia	
Decreased renal excretion	
Increased intake	
Hypomagnesemia	
Increased renal excretion	



Decreased gastrointestinal absorption

Nephrolithiasis	<2%
Calcium stones	
Idiopathic hypercalciuria	
Hypocitraturia	
Hyperoxaluria	
Primary hyperparathyroidism	
Distal renal tubular acidosis	
Other calcium stones (medullary sponge kidney;	
hypercalciuria in hypoparathyroidism)	
Uric acid stones	
Idiopathic	
Other uric acid (postileostomy)	
Struvite stones	
Cystine stones	
Drug stones	

Chronic Kidney Disease	22% of Exam
Kidney function parameters	<2%
Glomerular filtration rate (creatinine clearance; estimated	
glomerular filtration rate)	
Proteinuria	
Other kidney function parameters (glycemic control; biopsy)	
Etiologies of chronic kidney disease	<2%
Diabetic kidney disease	
Nondiabetic kidney disease	
Chronic glomerulonephritis	
Hypertensive nephropathy	
Chronic interstitial nephritis	
Genetic diseases	
Progression of chronic kidney disease	<2%
Chronic kidney disease complications	<2%
Hypertension	
Fluid overload	
Anemia and iron deficiency	
Hyperkalemia	
Acidosis	
Protein-energy wasting	



Other complications of chronic kidney disease

(hyperparathyroidism; hyperphosphatemia)

Stage IV and V chronic kidney disease

<2%

Advanced uremic symptoms

Preparation for end-stage renal disease

Initiation and discontinuation of maintenance dialysis

Other stage IV and V chronic kidney disease

(parathyroid hormone monitoring)

End-stage renal disease

11.5%

Hemodialysis

Adequacy and prescription

Dialyzers and dialysate

Vascular access

Water treatment

Hemodialysis complications

Hypertension

Hypotension

Interdialytic weight gain

Electrolyte abnormalities

Vascular access complications (clotting, dysfunction, infection)

Other hemodialysis complications (embolism and thrombosis;

heparin-induced thrombocytopenia; loss of residual

renal function; hypoalbuminemia)

Peritoneal dialysis

Adequacy and prescription

Dialysate

Catheters

Other peritoneal dialysis issues (hyperkalemia)

Peritoneal dialysis complications

Peritonitis and infections

Ultrafiltration failure

Other peritoneal dialysis complications (inguinal hernia;

atrial fibrillation; peripheral edema)

Home hemodialysis

End-stage renal disease complications

Anemia

Cardiovascular disease

Blood pressure abnormalities



Other complications (hemolysis; hypoalbuminemia; thrombosis; calciphylaxis; uremic polyneuropathy) Medical director responsibilities and conditions of coverage Mineral bone disease 3% Laboratory abnormalities Hyperphosphatemia Hyperparathyroidism Other laboratory abnormalities (calcium balance) Renal osteodystrophy (and related pathophysiology) Osteitis fibrosis Adynamic bone disease Osteomalacia Mixed uremic osteodystrophy Other renal osteodystrophy, including low bone mass (osteoporosis) Extraosseous and vascular calcification Medial calcification Calciphylaxis Other extraosseous and vascular calcification, including visceral organs Special topics in chronic kidney disease <2% **Epidemiology Ethical considerations** Pregnancy Laboratory studies Dermatology Nephrotoxicity of environmental and occupational agents Lead Organic solvents

Hypertension 10% of Exam

Other nephrotoxicity of environmental and occupational agents (cadmium; mercury)

Other special topics in chronic kidney disease (obesity)

Essential hypertension

3.5%

Isolated systolic hypertension Severe hypertension Resistant hypertension



	Pseudohypertension	
	Masked hypertension	
	Other essential hypertension (stage 2 hypertension;	
	thiazide effect)	
Secoi	ndary causes of hypertension	4%
	Pheochromocytoma	
	Renal vascular disease	
	Dissection	
	Atherosclerotic	
	Hyperaldosteronism	
	Adrenal adenoma	
	Adrenal hyperplasia	
	Genetic causes	
	Liddle syndrome	
	Dexamethasone suppressible hyperaldosteronism	
	Other genetic causes (Hashimoto's thyroiditis;	
	scleroderma renal crisis)	
	Miscellaneous causes	
	Renin-secreting tumor (juxtaglomerular cell tumor)	
	Syndrome of apparent mineralocorticoid excess	
	Coarctation	
	Vasculitis and arteritis	
	Tuberous sclerosis	
	Sleep apnea	
	Drug-induced	
	Obstructive uropathy	
	Renal compression (Page kidney)	
	Cushing syndrome	
	Other miscellaneous causes	
	(chronic kidney disease; obesity)	
End-d	organ damage resulting from hypertension	<2%
	Acute kidney injury	
	Central nervous system and ophthalmologic	
	Cardiac (left ventricular hypertrophy; heart failure)	
Hype	rtension in special situations	<2%
	Pregnancy	
	Stroke or subarachnoid bleeding	
	Other hypertension in special situations	

White coat hypertension



ular, Interstitial, and Cystic Disorders	4% of Exam
Renal tubular disorders and Fanconi's syndrome	<2%
Drug-induced	
Crystal deposition	
Genetic	
Tubulointerstitial nephritis	2%
Acute	
Drug-induced	
Immune	
Infectious	
Other acute tubulointerstitial nephritis (multifactorial)	
Chronic	
Drug-induced	
Immune	
Granulomatous	
Toxins	
Hemoglobinopathy	
Urinary tract infection	
Other chronic tubulointerstitial nephritis (hypokalemic	
nephropathy; medullary cystic kidney)	
Renal cystic disease	<2%
Autosomal dominant polycystic kidney disease (ADPKD)	
Genetics	
Renal manifestations	
Nonrenal manifestations	
End-stage renal disease	
Drug-induced	
Renal mass	<2%
nerular and Vascular Disorders	12% of Exa
Nephritic glomerular disorders, vasculitis, and vasculopathy	5%
IgA nephropathy and Henoch-Schönlein purpura	370
Vasculitis and antineutrophil cytoplasmic antibody	
Anti-glomerular basement membrane disease	
Lupus nephritis	
Postinfectious glomerulonephritis	



Membranopromerative giomerulonephritis and	
C3 glomerulopathies	
Cryoglobulinemic glomerulonephritis	
Crescentic glomerulonephritis	
Other disorders (rapidly progressive glomerulonephritis)	
Nephrotic and heavy-proteinuric glomerular disorders	5%
Minimal change disease	
Primary	
Secondary	
Focal segmental glomerulosclerosis	
Primary	
Secondary	
Genetic	
Membranous nephropathy	
Primary	
Secondary	
Paraprotein-related disorders	
Primary amyloidosis	
Secondary amyloidosis	
Light chain deposition disease and myeloma	
Other paraprotein-related disorders	
Fibrillary and immunotactoid glomerulonephritis	
Fabry's disease	
Other disorders (biopsy complication)	
Thin basement membrane nephropathy and Alport's syndrome	<2%
Thrombotic microangiopathies	<2%
Hemolytic uremic syndrome	<2%
Shiga toxin-mediated hemolytic uremic syndrome	
Atypical hemolytic uremic syndrome	
Drug-associated atypical hemolytic uremic syndrome	
(anticancer drugs, clopidogrel, interferon, quinine)	
Other atypical hemolytic uremic syndrome	
(pregnancy-associated)	
Scleroderma renal disease	<2%



Kidney Transplantation 11% of Exam **Pre-transplantation** <2% Transplant immunology Detection of pre-transplant alloreactivity and immunologic evaluation of transplant candidates Potential kidney transplant recipient evaluation Glomerular filtration rate listing requirements Cancer concerns Infection concerns Cardiac concerns Age concerns Comorbidities Other potential kidney transplant recipient evaluation (recurrent autoimmune kidney disease) Potential living kidney donor Donor evaluation Risks **Ethics** Organ allocation Deceased donor wait list Organ shortage strategies Paired kidney donation and chains **Transplantation** <2% Indications Contraindications Deceased donor kidney transplantation Types Outcomes Living donor kidney transplant Types Outcomes **Post-transplantation** 7% Immunosuppression Induction Maintenance Short-term post-transplantation management Perioperative management and complications



Graft dysfunction

Long-term post-transplantation management **Graft dysfunction** Complications Other long-term post-transplantation management (graft failure) Rejection Hyperacute T cell Antibody-mediated Male and female fertility Pregnancy Male fertility Multiorgan and extrarenal transplantation <2% Ethics, society, and public policy <2%

Pharmacology	5% of Exam
Basic pharmacology	<2%
Pharmacokinetics and other basic concepts	
Renal handling of drugs	
Principles of dialytic drug removal	
Drug selection in kidney disease	<2%
Antibiotics	
Vancomycin	
Aminoglycosides	
Other antibiotics (cephalosporins)	
Antineoplastic agents	
Antiviral agents	
Other drug selection in kidney disease (metformin; fentanyl)	
Nephrotoxicity of medications	2%
Principles and mechanisms of nephrotoxicity	
Antibacterial agents	
Aminoglycosides	
Vancomycin	
Antiviral agents	
Antifungal agents	
Antiparasitic agents	
Additional antimicrobials	



	Nonsteroidal anti-inflammatory drugs	
	Fentanyl	
	Gabapentin	
	Tramadol	
	Renin-angiotensin-aldosterone system (RAAS) blockade	
	Angiotensin-converting enzyme inhibitors,	
	angiotensin receptor blockers, and renin inhibitors	
	Aldosterone antagonists	
	Antihypertensive agents	
	Beta-adrenergic blockers	
	Calcium channel blockers	
	Minoxidil	
	Antineoplastic chemotherapy agents	
	Interferon	
	Cisplatin	
	Methotrexate	
	Vascular endothelial growth factor inhibitors	
	Immune checkpoint inhibitors	
	Iodinated contrast and other imaging agents	
	Lithium	
	Supplements and herbs	
	Aristolochic acid	
	SGLT2 inhibitors	
	Other nephrotoxicity of medications (cardiac	
	glycosides; bisphosphonates)	
Nephr	otoxicity of illicit drugs	<2%
	Heroin and other intravenous drugs	
	Ecstasy	
	Cocaine	
Drug-	drug interactions and adverse effects other than nephrotoxicity	<2%
Dialys	is and other treatment of toxic substances	<2%
	Ethylene glycol	
	Methanol	
	Other alcohols	
	Lithium	
	Other dialysis and treatment of toxic substances (salicylates; dialysis	S
	duration prescription)	

Pain medications



Acute Kidney Injury and Intensive Care Unit Nephrology 15% of Exam Hemodynamic (prerenal) acute kidney injury 4% True volume depletion Renal Extrarenal Effective volume depletion Heart failure Cirrhosis Nephrotic syndrome Drugs Nonsteroidal anti-inflammatory drugs Calcineurin inhibitors Angiotensin-converting enzyme inhibitors and angiotensin receptor blockers Radiocontrast agents Other drugs (anticoagulants; interferon) Abdominal compartment syndrome Parenchymal (intrinsic) acute kidney injury 4.5% Vascular Systemic diseases and vasculitis Atheroemboli Renal vein thrombosis Glomerular Drug-induced Infectious Other glomerular parenchymal acute kidney injury (relapsed microscopic polyangiitis) Tubular Ischemic Nephrotoxic Systemic disease



Interstitial

Drugs

Systemic disease

Malignancy (infiltrative)

Retroperitoneal and ureteral	
Idiopathic retroperitoneal fibrosis	
Malignancy	
Stones and crystals	
Bleeding	
Bladder, bladder outlet, and benign prostatic hyperplasia	
Renal replacement therapy	4%
Indications	
Solute accumulation (potassium, hydrogen ions,	
phosphate, urea)	
Hemodynamic	
Acute kidney injury associated with intoxication	
Tumor lysis syndrome	
Techniques	
Intermittent hemodialysis	
Continuous renal replacement therapy	
Renal replacement therapy prescription	
Dialysate and replacement fluid	
Anticoagulation	
Complications	
Hemodynamic	
Citrate intoxication	
Other complications (dialysis disequilibrium syndrome,	
electrolyte abnormalities)	
Intensive care unit nephrology	2%
Hemodynamic measures	
Intravenous fluids and volume status	
Ethics and palliative care	

Postrenal acute kidney injury

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<2%